



Travel & Leisure Club

SUMMER SERIES: "INVESTING IN YOUR PHYSICAL & FINANCIAL WELLBEING"

Each weekly session will be held in the First State Bank Training Center located at 708 Azalea Drive at 2 p.m. Snacks will be provided, and there is no cost to attend.

July
9

Wayne General Hospital: Making Positive Strides in Healthcare

An update from the healthcare world, including our local hospital as well as nationwide *(Presented by Wayne General Hospital)*

July
16

Building Healthy Nutrition Habits

Identify healthy nutrition tips and habits to help you develop a healthier lifestyle *(Presented by Wayne General Hospital)*

July
23

Fit After 50: Tips for Physical & Mental Wellness

Learn tips to strengthen your physical and mental wellbeing *(Presented by Wayne General Hospital)*

July
30

Avoiding Scams & Fraud

Discuss current scams and fraud patterns and how you can prevent becoming a victim *(Presented by First State Bank)*

Note: You can attend all sessions or only one. Please complete the form below to sign up.

SUMMER SERIES!

Registration Form

Please complete and return this portion to sign up for the Summer Series sessions.

Name(s) of Person Attending: _____

Phone Number: _____ Email: _____

Session: _____ July 9 _____ July 16 _____ July 23 _____ July 30

You may also call Brook or Penny at 601-671-2050 to register or with any questions.
Deadline to sign up is July 7, 2024.